

# ROCHESTER AREA SCHOOL DISTRICT

## Health & Safety Plan Overview

2022-2023

Updated August 2022

<p><b>FACE COVERINGS AND PHYSICAL DISTANCING</b> Face coverings are not required. You are welcome to wear a face covering.</p>  <p>In the event we experience twenty confirmed positive cases in a building during a two-week period, all students and staff in that building will be required to wear masks while in the building for the next two weeks. Because students and staff cross buildings, the middle school and high school will be combined as one building and the elementary will be a separate building. (Please follow the district's <a href="#">COVID-19 Tracker</a> on our website.)</p> <p><b>RESPIRATORY ETIQUETTE</b> Cover your mouth and nose with a tissue when you cough or sneeze, or use the inside of your elbow. Wash your hands or use hand sanitizer afterwards</p> 	<p><b>EDUCATIONAL PATHWAYS</b> Parents continue to have the choice between face-to-face instruction, our online academy or a hybrid of the two. Please contact the school if you would like to discuss the online academy or a hybrid approach.</p>  <p><b>Face-to-Face Instruction</b> Students will attend school in-person for the 2021-2022 school year.</p> <p><b>Rochester Cyber Academy (RCA)</b> Students will learn through our online program. Students may transition from cyber to face-to-face instruction at the end of each grading period. Students may also combine online and face-to-face programming.</p>
<p><b>STAY HOME WHEN SICK</b> Students and staff are expected to monitor their health and to watch for symptoms of COVID-19. If you are sick, you are encouraged to stay home.</p> 	<p><b>HAND WASHING &amp; SANITIZING</b> Students and staff are encouraged to wash their hands frequently. Hand sanitizer is also available throughout the building</p> 
<p><b>MANAGEMENT OF CASES AND EXPOSURE</b></p> <ol style="list-style-type: none"><li>1. If you have symptoms, test.</li><li>2. If you are exposed to COVID and do not have symptoms, monitor your health. If you experience symptoms, test.</li><li>3. If you test positive, stay home for five days, regardless of vaccination status.</li></ol>	<p><b>CLEANING &amp; DISINFECTING</b> The district will use Bactronix and NutriStat to sanitize our facility, while paying extra attention to high touch surfaces including tables, door knobs, and light switches.</p> 
<p><b>VOLUNTEERS</b> Volunteers will be permitted in the building when appropriate.</p> 	<p><b>VACCINATING</b> Students, staff and community members are encouraged to get vaccinated. The district will continue to share information as it becomes available.</p> 
<p style="text-align: center;"><b>Please follow the CDC guidance for isolation and precautions for People with COVID-19</b></p> <p style="text-align: center;"><a href="https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html#print">https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html#print</a></p>	