

Let's take a look at this week's Tech Tip:

### **How to choose a strong password**

So, how do you have a “strong” password that is easy to remember? While it may seem tough to do this, there are a few simple tips that can make it easy. Note: the examples below illustrate just the concepts being discussed. No single technique should be used on its own, but rather should be used with other techniques. The combination of several will produce a strong password.

- Use a mix of alphabetical and numeric characters.
- Use a mixture of upper- and lowercase; passwords are case sensitive.
- Use symbols if the system allows (spaces shouldn't be used as some applications may trim them away)

Some examples:

- Gr\$\$n@724
- Sch00l540
- R@chester1234
- R\$chester1234
- BeaverCounty#1
- WeAre#1Rams

### **Do Not Choose...**

- Your name in any form — first, middle, last, maiden, spelled backwards, nickname or initials.
- Part of your userid or name.
- Passwords of fewer than six characters.
- Any all-numeral passwords, e.g., your license-plate number, social-security number.
- A single word either preceded or followed by a digit, a punctuation mark, up arrow, or space.

Just a reminder: If you have any questions about the things we discussed today or anything else, please submit all tech tickets to [help@rasd.org](mailto:help@rasd.org).

Have a great weekend!!

Thank you,  
Rochester Tech Team